






Effect of recreational-fisheries management on fish biodiversity in gravel pit lakes, with contrasts to unmanaged lakes

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1 Impact of recreational-fisheries management on fish biodiversity in gravel pit lakes,
2 with contrasts to unmanaged lakes

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21 **Abstract**

22 Gravel pit lakes are novel ecosystems that can be colonized by fish through natural
23 or anthropogenic pathways. In central Europe, many of them are managed by
24 recreational anglers and thus experience regular fish stocking. However, also
25 unmanaged gravel pits may be affected by stocking, either through illegal fish
26 introductions or, occasionally, by immigration from connected water bodies. We
27 sampled 23 small (< 20 ha) gravel pit lakes (16 managed and 7 unmanaged) in

28 north-western Germany using littoral electrofishing and multimesh gillnets. Our
29 objective was to compare the fish biodiversity in gravel pit lakes in the presence or
30 absence of recreational fisheries. Given the size of the sampled lakes, we expected
31 species poor communities and elevated fish diversity in the managed systems due to
32 regular stocking of game fish species. Our study lakes were primarily mesotrophic
33 and did not differ in key abiotic and biotic environmental characteristics. Lakes of
34 both management types hosted similar fish abundances and biomasses, but were
35 substantially different in terms of fish community structure and species richness. Fish
36 were present in all lakes, with a minimum of three species. Higher alpha diversity and
37 lower beta diversity was discovered in managed gravel pit lakes compared to
38 unmanaged lakes. Consequently, recreational-fisheries management fostered
39 homogenization of fish communities, by stocking a similar set of fish species desired
40 by anglers such as piscivorous fish and large bodied cyprinids. However, unmanaged
41 gravel pit lakes were also affected by human-mediated colonization, presumably by
42 illegal fish releases. Hardly any non-native species were detected, suggesting that
43 recreational-fisheries management did not foster the spread of exotic species in our
44 study region.

45 Key words: Fish conservation; novel ecosystems; non-native species; fish stocking;
46 recreational fishing; fish community composition

47

48 **1. Introduction**

49 Freshwater ecosystems have been strongly altered by humans (Dodds *et al.*, 2013).

50 While rivers in temperate regions have experienced substantial habitat loss and

51 fragmentation (Vörösmarty *et al.*, 2010), lakes have mostly suffered from

52 eutrophication, shoreline development, pollution and climate change (Brönmark &
53 Hansson, 2002). Moreover, invasions by non-native species have become an
54 important threat for freshwater ecosystems (Rahel, 2007). Today, freshwater
55 biodiversity is declining at an alarming rate, with 37% of Europe's freshwater fish
56 species categorized as threatened (Freyhof & Brooks, 2011). Habitat loss has been
57 identified as the key stressor that impacts freshwater biodiversity (Dudgeon *et al.*,
58 2006; Strayer & Dudgeon, 2010), but novel threats are on the rise (Reid *et al.*, 2018).

59 Gravel pit lakes are lentic water bodies created through human mining of
60 sand, clay, gravel and other natural resources. When properly managed, these novel
61 aquatic ecosystems can counteract the freshwater biodiversity crisis by providing
62 secondary habitats for a wide range of aquatic species (Dodson *et al.*, 2000; De
63 Meester *et al.*, 2005; Santoul *et al.*, 2009; Lemmens *et al.*, 2013; Emmrich *et al.*,
64 2014; Zhao *et al.*, 2016; Biggs *et al.*, 2017). Gravel pits are usually groundwater-fed
65 and not necessarily connected to surrounding river systems (Blanchette & Lund,
66 2016; Mollema & Antonellini, 2016; Søndergaard *et al.*, 2018); they thus display the
67 interesting biogeographic feature of islands in a landscape (Olden *et al.*, 2010). This
68 characteristic causes a slow natural colonisation and a potentially low species
69 richness (Magnuson *et al.*, 1998), yet, gravel pit lakes as novel ecosystems are
70 understudied relative to natural water bodies (Emmrich *et al.*, 2014; Søndergaard *et*
71 *al.*, 2018).

72 Sand and gravel are extracted all over Europe in thousands of quarries and
73 pits (e.g. over 23.000 quarries and pits in 2014 alone; UEPG, 2017). The resulting
74 man-made lakes have thus become common landscape elements in industrialized
75 countries (Blanchette & Lund, 2016; Mollema & Antonellini, 2016; Søndergaard *et al.*,
76 2018). For example, in our study area of Lower Saxony, Germany, there are today
77 more than 3,500 gravel pit lakes with an area larger than 1 ha, representing 95% of

78 all similarly sized water bodies and covering 70 % of the total lentic water bodies in
79 the region (Manfrin *et al.*, unpublished data). Thus, gravel pits are the dominant lentic
80 habitat in northwest Germany and accordingly, important for both biodiversity
81 conservation and recreation (Emmrich *et al.*, 2014).

82 Following well established species-area relationships, in northern Germany
83 fish species richness in natural lakes is related to areal size, with more species
84 occurring in larger natural lakes (Eckmann, 1995). Hence, comparably small gravel
85 pit lakes are expected to naturally contain species-poor fish communities, and may
86 due to their young age even lack fish populations (Schurig, 1972; Scheffer *et al.*,
87 2006; Søndergaard *et al.*, 2018; Werneke *et al.*, 2018). There are natural pathways
88 for the colonization of gravel pit lakes by fish, e.g., in river-fed gravel pits the
89 immigration of fish with the inflow from the river is well documented (Molls &
90 Neumann, 1994; Staas & Neumann, 1994; Borchering *et al.*, 2002). However, the
91 chances of fish to colonize isolated, recently formed water bodies is rather low
92 (Scheffer *et al.*, 2006; Strona *et al.*, 2012). Natural colonization is then confined to
93 rare events such as massive floods (Pont *et al.*, 1991; Olden *et al.*, 2010) or wind-
94 based dispersal through hurricanes (Bajkov, 1949). Dispersal of eggs by waterfowl
95 has, despite frequent claims, not been documented with certainty (Hirsch *et al.*,
96 2018). Accordingly, natural colonization of isolated gravel pit lakes is most probably a
97 slow process resulting in species-poor local fish communities (i.e., low alpha
98 diversity) and high between lake variation in the species pool (i.e., high beta diversity)
99 within a region (Whittaker, 1972; Baselga, 2010).

100 Illegal releases from aquaria, garden ponds or bait buckets, or planned
101 stocking within fisheries-management activities represent anthropogenic pathways
102 that assist in colonization of human-made freshwater systems with fishes. In fact,
103 human-assisted introductions today constitute the most common pathway of non-

104 native fish dispersal globally (Gozlan *et al.*, 2010; Olden *et al.*, 2010; Patoka *et al.*,
105 2017; Hirsch *et al.*, 2018). It is thus likely that most gravel pits are more rapidly
106 colonized with fishes through anthropogenic than through natural means.

107 In central Europe, the majority of gravel pit lakes are managed by recreational
108 anglers organized in clubs and associations (Deadlow *et al.*, 2011). Managers of
109 angling clubs and other fisheries stakeholders regularly engage in fish stocking of
110 native fishes in rivers and lakes (Cowx, 1994), including gravel pit ecosystems
111 (Arlinghaus, 2006; Arlinghaus *et al.*, 2015; Zhao *et al.*, 2016; Søndergaard *et al.*,
112 2018). However, not all newly created gravel pits are managed for and by
113 recreational anglers. Although managed gravel pit lakes are far more numerous, in
114 Germany, fishing rights of selected gravel pit lakes are sometimes not leased out to
115 angling clubs and may instead be used by private people, enterprises or nature
116 conservation organisations. These lakes may even be closed to recreational fisheries
117 and be maintained for use by private people or for nature conservation purpose. In
118 our study area of north-western Germany, the main discriminating factor of angler-
119 managed and unmanaged gravel pit lakes is the presence of dedicated recreational-
120 fisheries management in managed lakes, which includes regular fish stocking. While
121 unmanaged gravel pit lakes may still receive illegal fish releases (Johnson *et al.*,
122 2009), these lakes are not regularly stocked with a mix of species desired by
123 recreational anglers and can thus be expected to represent more natural colonization
124 pathways compared to managed lakes (Supporting information table 1).

125 Regular fish stocking in managed gravel pit lakes may increase alpha diversity
126 (i.e., local species richness) but reduce beta diversity through the process of biotic
127 homogenization (Radomski & Goeman, 1995; Rahel, 2000, 2002), particularly when
128 fisheries managers stock a rather similar mix of angler-desired species (e.g., top
129 predators, Eby *et al.*, 2006). A recent study of French gravel pit lakes indeed

130 revealed that the fish community composition was strongly influenced by recreational
131 angling as managed gravel pit lakes hosted more non-native species of high fisheries
132 value, particularly top predators and common carp *Cyprinus carpio* L. compared to
133 unmanaged gravel pit lakes (Zhao *et al.*, 2016). The objective of the present study
134 was to compare the fish communities between managed and unmanaged gravel pit
135 lakes in north-western Germany. We hypothesized that relative to unmanaged lakes
136 recreational-fisheries management would lead to:

137 (1) an increase in local species richness, i.e. alpha diversity;

138 (2) an increase in the number of piscivorous and other highly desired game species;

139 (3) an increase in the number of non-native species, such as topmouth gudgeon

140 *Pseudorasbora parva* (Temminck & Schlegel 1846), that maybe introduced as prey

141 species or inadvertently through poorly sorted stocking material from pond

142 aquaculture. Further, we hypothesized that the lakes managed by anglers would host

143 more similar fish communities compared to the unmanaged lakes, and therefore that

144 recreational-fisheries management would lead to:

145 (4) a decrease in beta diversity through biotic homogenisation.

146

147 **2. Material and Methods**

148 2.1 Study lakes and fish sampling

149 We surveyed the fish communities and a range of limnological lake descriptors in 23

150 gravel pit lakes located in the lowlands of Lower Saxony, north-western Germany in

151 the Central Plain ecoregion (Fig. 1). A description of the basic differentiation of

152 managed and unmanaged lake types can be found in Supporting Information table 1.

153 For each lake, two ages were determined; the onset and the end of gravel mining, as
154 gravel pits started filling up with water and potentially became colonized by fish
155 already before the end of mining. The depth was measured hydro-acoustically using
156 a Simrad NSS evo2 with a Lowrance TotalScan transducer in parallel transects
157 spaced about 30 m apart. These data were used to calculate depth contour maps
158 using ordinary kriging in R (for further details see Supplementary of Monk &
159 Arlinghaus, 2017). The contour maps were used to extract key morphometric
160 variables of the lake (mean depth, maximum depth, shoreline length and area),
161 including estimation of areas covered by different gillnet depth strata according to the
162 CEN standard (2015) for the sampling of lake fish communities with multimesh
163 gillnets (0 - 2.9 m, 3 - 5.9 m, 6 – 11.9 m, 12 – 19.9 m and 20 – 34.9 m). The
164 morphometric data were also used for the calculation of the shoreline development
165 factor (Osgood, 2005) and the share of the littoral zone (%; defined as area between
166 0 and 2.9 m depth).

167 Macrophyte coverage was visually estimated through diving using the Braun-
168 Blanquet-scale and later transformed into percent coverage (Schaumburg et al.,
169 2004). The perpendicular located transects varied between 4 and 20 depending on
170 the lake size. In each transect, the macrophyte coverage of each macrophyte depth
171 stratum (0 – 1 m, 1 – 2 m, 2 – 4 m and 4 – 6 m) was estimated. No macrophytes
172 were found in areas deeper than 6 m. The average coverage per stratum was
173 extrapolated to its respective total lake area drawn from the contour maps.

174 Afterwards, the total macrophyte coverage for the lake was calculated using the
175 extrapolated coverage from each stratum relative to its share of the total lake area.

176 The fish communities were sampled using day-time electrofishing in the littoral
177 and multimesh gillnets in the benthic and profundal zones in autumn 2016 and 2017.
178 During each fish sampling campaign, the lake's Secchi depth, conductivity and pH-

179 value were measured with a WTW Multi 350i sensor (WTW GmbH, Weilheim,
180 Germany). In addition, at the deepest point of the lake an oxygen-depth-temperature
181 profile was taken in steps of 50 cm also using the WTW Multi 350i sensor, and
182 epilimnic water samples were taking for analysing total phosphorus concentrations
183 (TP) and chlorophyll a (Chl a) as a measure of algal biomass. The TP was
184 determined using the molybdenum blue method (ISO, 2004; Zwirnmann *et al.*, 1999)
185 and Chl a using high performance liquid chromatograph (Mantoura & Llewellyn,
186 1983; Wright *et al.*, 1991).

187 Littoral electrofishing was conducted from a boat by a two person crew using a
188 FEG 8000 electrofishing device (8 kW; 150 - 300V / 300 - 600V; EFKO
189 Fischfanggeräte GmbH Leutkirch) with one anodic hand net (40 cm diameter and
190 mesh size 6 mm) and a copper cathode. Prior to sampling, the shoreline was divided
191 in transects measuring between 50 and 160 m depending on local conditions.
192 Shoreline habitats covered reeds, overhanging trees and branches, submersed and
193 emersed macrophytes, unvegetated littoral zones with no or low terrestrial vegetation
194 (in particular representing angling sites) and mixed habitats that were not dominated
195 by one of these structures. Each transect was fished and enumerated separately.
196 The number of transects per lake varied between 4 and 26, depending on the lake
197 size. The length of all transects summed up to the whole lake shore except for the
198 two largest lakes where in total only about two thirds of the shoreline were fished
199 using random selection of transects. Littoral electrofishing was conducted in 16
200 managed and 4 unmanaged lakes from late August to early October 2016 when the
201 water temperature was > 15°C. Multimesh gillnets were set for one night
202 (approximately 12 hours) per lake following CEN (2015). An additional electrofishing
203 sampling of the entire shoreline of the 16 managed and 4 unmanaged lakes was
204 carried out from late August to mid-October in 2017. Additionally, in autumn 2017

205 three further unmanaged gravel pit lakes (for a total sample of 7 unmanaged lakes)
206 were sampled by littoral electrofishing of the whole shoreline and multimesh gillnets
207 following the same procedure as in 2016. Electrofishing data were standardized by
208 meter shoreline fished for estimation of lake-wide catch per unit effort data as relative
209 abundance index.

210 The multimesh gillnets differed slightly from the CEN standard (Appleberg,
211 2000; CEN, 2015) in a way that we included four additional mesh sizes with the
212 attempt to also representatively capture large fishes up to 530 mm total length
213 (Šmejkal *et al.*, 2015). The benthic gillnets had a length of 40 m, a height of 1.5 m
214 and were composed of 16 mesh-size panels each being 2.5 m long, with mesh sizes
215 of 5, 6.25, 8, 10, 12.5, 15.5, 19.5, 24, 29, 35, 43, 55, 70, 90, 110 and 135 mm. For
216 lakes < 20 ha the European gillnet sampling standard (CEN, 2015) considers a
217 minimum of 8 or 16 gillnets, depending on whether the maximum depth is below or
218 exceeds 12 m, respectively. As the largest gravel pit lake in our study (Meitzer See,
219 19.6 ha, 23.5 m depth) corresponds to the smallest lake in the CEN standard (20 ha),
220 the gillnet sampling effort had to be adjusted to the smaller lakes to maintain a similar
221 gillnet to total area ratio in all sampled lakes. This was achieved by applying the
222 minimum number of 16 standard gillnets to the largest lake in our sample and
223 calculating the quotient of the area of the 16 gillnets to total lake area as a measure
224 of gillnet sampling pressure. Using this ratio, we calculated the appropriate gillnet
225 numbers in smaller lakes to achieve the same sampling intensity in each lake,
226 assuming that the fish encounter probability with a gillnet would scale with gillnet
227 coverage.

228 The final number of gillnets set in each lake were distributed following a
229 stratified sampling design by gillnet depth strata, where number of gillnets per
230 stratum were set in proportion of the share of each depth stratum's area to total lake

231 surface area (CEN, 2015). Gravel pit lakes with an area larger than 10 ha or a
232 maximum depth of ≥ 10 m were additionally sampled with pelagic multimesh gillnets
233 to record open water species not captured otherwise (CEN, 2015). One pelagic
234 multimesh gillnet was set in each of the following vertical depth strata: 0 - 1.5 m, 3 –
235 4.5 m, 6 – 7.5 m, 9 - 10.5 m and 12 – 13.5 m, but only if the depth strata contained
236 >1 mg O₂ L⁻¹. We set benthic gillnets in anoxic conditions to confirm zero catches at
237 oxygen levels below 1 mg O₂ L⁻¹. Note the pelagic gillnets were only used to
238 complete the species inventory (presence-absence data) as recommended in the
239 CEN standard (CEN, 2015), but not used for the fish abundance and biomass
240 estimates in the benthic zone. Benthic biomasses and abundances were estimated
241 as stratified means per area and night fished following CEN (2015).

242 Total length of all fish captured was measured to the nearest mm and
243 weighted to the nearest g. In case of large fish catches, at least 10 fish per species
244 and 2 cm length class were measured and weighted. Afterwards, fish were only
245 measured for length and the weight was calculated with lake-specific length-weight
246 regressions. Only in the rare case of catching several hundreds of young-of-the-year
247 fish by electrofishing, a random subsample was measured for length and mass.
248 Subsequently, all the other fish were pooled and weighted, then the number and
249 length-frequency distribution of the whole sample was estimated using the length-
250 frequency distribution of the subsample.

251 2.2 Fish community descriptors

252 For all calculations and analyses, data from 2016 and 2017 were pooled. This results
253 in electrofishing data in 20 lakes from two years and in three lakes from only one
254 year. Furthermore, data from one autumn sampling per lake with multimesh gillnets
255 were analysed.

256 Species richness, number of piscivorous species, number of small-bodied
257 non-game fish (after Emmrich *et al.*, 2014), number of threatened species (after the
258 Red List of Lower Saxony, LAVES, 2011, the Red List of Germany, Freyhof, 2009,
259 and the European Red List, Freyhof & Brooks, 2011), and number of non-native
260 species in Germany (after Wiesner *et al.*, 2010 and Wolter & Röhr, 2010) were
261 calculated to describe species inventory based presence-absence data, combining
262 electrofishing (littoral zone) and multimesh gillnet data (benthic and pelagic). Perch
263 *Perca fluviatilis* (L.) > 150 mm and eel *Anguilla anguilla* (L.) > 500 mm total length
264 were assigned to the piscivorous fish guild, following Emmrich *et al.* (2014). Cyprinid
265 hybrids were listed as fish caught in the gravel pit lakes (Table 1), but excluded from
266 further analyses of species-specific patterns.

267 Species richness was used to compare alpha diversity between the
268 management types. The number of piscivorous species was used as a fish
269 community descriptor as anglers preferably catch predatory fishes and regularly
270 stock these (Arlinghaus *et al.* 2015). We also assessed the number of small-bodied
271 non-game fish species as many of these species are relevant in a conservation
272 context. Also, many small-bodied species are pioneer colonizer of lakes, e.g.
273 sunbleak *Leucaspius delineatus* (Heckel 1843; Kottelat & Freyhof, 2007). The
274 number of threatened species was contrasted between the two management types to
275 assess the potential impact of fisheries management on fish conservation objectives.
276 Furthermore, the number of non-native species was compared among management
277 types, as fish stocking is believed to promote the spread of exotic fishes, particularly
278 in gravel pit lakes (Zhao *et al.*, 2016; Søndergaard *et al.*, 2018).

279 To assess the fish community composition, the mean lake-specific catch per
280 unit effort (CPUE) was calculated as number per unit effort (NPUE) with individuals
281 per shoreline length (N / 50 m) or gillnet area (N / 100 m²) and as biomass per unit

282 effort (BPUE) with biomass per shoreline length (g / 50 m) or gillnet area (g / 100 m²).
283 Note, only benthic gillnets were used for the gillnet CPUE calculation.

284 We compared all four species inventory metrics (piscivorous fish, small-bodied
285 non-game fish, threatened fish, non-native fish) as well as the total and species-
286 specific catch (abundance and biomass) among managed and unmanaged gravel pit
287 lakes. We additionally calculated a further fish diversity index, the Shannon diversity
288 combining presence-absence and species-specific abundance (Shannon, 1948), and
289 compared the index between the two management types.

290 2.3 Statistical analysis

291 A principle component analysis (PCA) was conducted to visualize the distribution of
292 the lakes in relation to the scaled and centred environmental variables. Afterwards, a
293 redundancy analysis (RDA) was used to test for significant differences between the
294 two management types in their scaled environmental variables. A Welch two sample
295 t-test was conducted to test for mean fish community and diversity differences
296 between the two management types when raw variables or log₁₀-transformed
297 variables were normally distributed and showed homogeneity of variances. In all
298 other cases, a Wilcoxon rank sum test was performed. A conservative Bonferroni
299 correction was used for all multiple pairwise comparisons.

300 Following Anderson *et al.* (2011), beta diversity of the fish communities in
301 managed and unmanaged gravel pit lakes was visualized by non-metric
302 multidimensional scaling (nMDS; Kruskal, 1964) using Bray-Curtis distances on
303 species numbers and species-specific abundances and biomasses. A permutation
304 test for homogeneity of multivariate dispersions (permutations: N = 9999) was
305 performed to test for significant differences in the fish communities. To identify those
306 species strongly contributing to the average dissimilarity between the two

307 management types a similarity percentage analysis (SIMPER; permutations: N =
308 999; Clarke, 1993) was used. Finally, an average species accumulation curve
309 (permutations: N = 100; Chiarucci *et al.*, 2008; Colwell *et al.*, 2012) was used to
310 display the contribution of both management types to the regional overall fish
311 biodiversity (gamma diversity) and to further visualize average local diversity (alpha
312 diversity) and between management type variation in diversity (beta diversity).
313 Differences between species accumulation curves of the both management types
314 were tested against the species accumulation curve of all lakes pooled using
315 Wilcoxon signed rank tests. All statistical analyses were conducted using R version
316 3.2.2 (R Core Team, 2016) and the package *vegan* (Oksanen *et al.*, 2018).

317

318 **3. Results**

319 3.1 Environmental variables in managed and unmanaged lakes

320 Managed gravel pit lakes varied between 1.0 and 19.5 ha in size with a shoreline
321 length ranging from 417 to 2752 m. Unmanaged gravel pit lakes ranged from 2.1 to
322 10.6 ha in size and varied between 749 and 2091 m in shoreline length. The
323 environmental variables differed among individual lakes, but were relatively similar
324 among both management types, with the exception that the lake age was somewhat
325 elevated in the managed lakes (Fig. 2). The PCA (Fig. 3) recovered two axes. The
326 PC1 explained 31.6% of the variance and was mainly represented by morphometric
327 variables: mean depth (loading = 0.44), maximum depth (loading = 0.44) and share
328 of the littoral (loading = -0.42). The PC2 described 19% of the variance and was
329 represented by morphometric variables and lake age: shoreline length (loading = -
330 0.43), lake age end of mining (loading = 0.43) and lake area (loading = -0.36; Fig. 3).

331 The RDA revealed no differences in the environmental variables between the two
332 management types ($F = 1.022$, $p = 0.407$).

333 3.2 Overview of fish diversity and community composition

334 In total, 117,303 fish were sampled, 108,237 individuals by electrofishing and 9,066
335 by gillnetting. The fish community in the 23 gravel pit lakes consisted of 23 fish
336 species and one cyprinid-hybrid (Table 1). All lakes contained at least three fish
337 species. *Perca fluviatilis* and roach *Rutilus rutilus* (L.) were found in all managed
338 lakes, while they were present in less than a third of the unmanaged lakes.
339 Piscivorous species such as pike *Esox lucius* L., *Anguilla anguilla* and pikeperch
340 *Sander lucioperca* (L.) were also regularly found in managed, but only occasionally or
341 not at all in unmanaged gravel pit lakes (Table 1). Littoral species, such as *Esox*
342 *lucius*, *Anguilla anguilla* and tench *Tinca tinca* (L.), were mainly or even exclusively
343 caught by electrofishing, while large individuals of less littoral-bound species such as
344 *Perca fluviatilis* and *Rutilus rutilus* as well as *Sander lucioperca* were better detected
345 by gillnetting.

346 Of the species pool of 23 species, *Anguilla anguilla*, *Sander lucioperca*, ruffe
347 *Gymnocephalus cernua* (L.), white bream *Blicca bjoerkna* (L.), bitterling *Rhodeus*
348 *amarus* (Bloch 1782), European whitefish *Coregonus lavaretus* (L.), spined loach
349 *Cobitis taenia* L. and bleak *Alburnus alburnus* (L.) were only caught in managed
350 gravel pits, while sunbleak *Leucaspius delineatus* (Heckel 1843), nine-spined
351 stickleback *Pungitius pungitius* (L.), gudgeon *Gobio gobio* (L.), stone loach *Barbatula*
352 *barbatula* (L.) and brown bullhead *Ameiurus nebulosus* (Lesueur 1819) only occurred
353 in unmanaged gravel pits (Table 1). Note the non-native *Ameiurus nebulosus* was
354 only detected as a single individual.

355 3.3 Contrasting the fish species diversity among managed and unmanaged lakes

356 On average, species richness (Wilcoxon rank sum test, $W = 111$, $p = 0.001$), number
357 of piscivorous species (Wilcoxon rank sum test, $W = 111$, $p < 0.001$), and number of
358 threatened species (Wilcoxon rank sum test, $W = 110$, $p < 0.001$) were significantly
359 higher in managed gravel pit lakes compared to unmanaged lakes (Fig. 4). No
360 significant differences between the two management types were found in the
361 numbers of small-bodied non-game fish species (Wilcoxon rank sum test, $W = 37$, p
362 $= 0.897$) and the number of non-native species (Wilcoxon rank sum test, $W = 43.5$, p
363 $= 0.763$). The Shannon index revealed an overall greater diversity of littoral fishes in
364 terms of abundance (NPUE; $p = 0.022$) in managed gravel pit lakes compared to
365 those that were unmanaged (Table 2).

366 To investigate differences of the fish communities regarding beta diversity,
367 nMDS biplots were constructed using presence-absence data (Fig. 5) and using
368 abundance and biomass data (NPUE and BPUE) of each fishing gear separately
369 (Fig. 6). Strong variation in the fish diversity and the fish community composition was
370 visually striking between the unmanaged lakes (grey circles; Fig. 5 and 6). By
371 contrast, the managed gravel pit lakes (black triangles) comprised a relatively small
372 area in the nMDS biplots indicating a more similar fish diversity and fish community
373 composition between individual managed lakes. Correspondingly, permutation tests
374 revealed a significantly greater beta diversity for unmanaged gravel pit lakes
375 compared to managed lakes using presence-absence data ($F = 88.401$, $p < 0.001$;
376 Fig. 5), littoral species-specific fish abundance and biomass (NPUE: $F = 6.871$, $p =$
377 0.017 ; BPUE: $F = 12.856$, $p = 0.001$) and benthic species-specific fish abundance
378 and biomass (NPUE: $F = 13.595$, $p = 0.001$; BPUE: $F = 10.106$, $p = 0.005$; Fig. 6).

379 The same pattern of larger beta diversity in unmanaged lakes was visually
380 recovered by the steeper slope of the species accumulation curve in the unmanaged
381 lakes compared to the managed lakes (Fig. 7), yet as before average local species

382 richness was found to be larger in the managed compared to the unmanaged lakes
383 (indicated by the greater intercept for managed lakes compared to unmanaged lakes
384 in Fig. 7). Importantly, gamma diversity was significantly larger when combining the
385 species pools present in the managed and the unmanaged lakes (comparing the
386 combined species accumulation curve relative to each management type separately,
387 managed lakes $N = 16$; $V = 130$, $p < 0.001$, unmanaged lakes $N = 7$; $V = 28$, $p =$
388 0.016 , Fig. 7). Thus, regional species richness benefited from the distinct specific
389 species pools present in both management types.

390 3.4 Contrasting species-specific fish abundance and biomass in managed and 391 unmanaged lakes

392 No differences in total fish abundance (NPUE) and biomass (BPUE) were detected
393 between the two management types, neither for electrofishing nor for multimesh
394 gillnetting (Table 2). By contrast, greater abundances and biomasses (for both gear
395 types) were found for piscivorous fish in managed gravel pit lakes compared to
396 unmanaged lakes, however, after conservative Bonferroni correction differences
397 were no longer significant. For species threatened in the study region of Lower
398 Saxony (*Anguilla anguilla*, *Esox lucius*, European catfish *Silurus glanis* L., *Rhodeus*
399 *amarus* and *Cobitis taenia*) higher littoral abundances ($p = 0.007$) and biomasses (p
400 $= 0.015$) were detected in managed lakes compared to unmanaged lakes.

401 Two individuals of non-native *Pseudorasbora parva* were caught in one
402 managed lake, while one specimen of *Pseudorasbora parva* was caught in an
403 unmanaged lake, and one specimen of *Ameiurus nebulosus* was caught in another
404 unmanaged lake. Thus, the presence and abundance/biomass of non-natives
405 bordered detectability and accordingly did not differ among management types.

406 The SIMPER analysis revealed *Leucaspilus delineatus*, *Perca fluviatilis*, rudd
407 *Scardinius erythrophthalmus* (L.) and *Pungitius pungitius* contributing 74.8% to the
408 differences between the two management types in the littoral fish community as
409 assessed by electrofishing abundance data (NPUE; Table 3). As mentioned before,
410 *Leucaspilus delineatus* and *Pungitius pungitius* were not detected in managed gravel
411 pit lakes, and they contributed significantly to the differences in the littoral fish
412 community among management types (*Leucaspilus delineatus*: $p = 0.019$, *Pungitius*
413 *pungitius*: $p = 0.009$; Table 3). In terms of littoral fish biomass (BPUE), *Anguilla*
414 *anguilla*, Prussian carp *Carassius gibelio* (Bloch 1782) and *Esox lucius* contributed
415 most to the differences between the two management types, but due to high among
416 lake variation in biomass for these species only littoral *Perca fluviatilis* biomass
417 significantly differentiated among managed and unmanaged gravel pit lakes ($p =$
418 0.033), revealing significantly greater biomasses in managed lakes (Table 3).

419 When taking the multimesh gillnet data (NPUE and BPUE) as a metric of
420 benthic fish community, *Perca fluviatilis* and *Rutilus rutilus* revealed the highest
421 contribution to the difference in the fish community between the two management
422 types, with significantly higher biomasses of *Perca fluviatilis* in managed gravel pit
423 lakes ($p = 0.020$; Table 3). Furthermore, the benthic biomass of *Scardinius*
424 *erythrophthalmus* differed significantly among management types, with a greater
425 average biomass detected in unmanaged lakes ($p = 0.031$; Table 3). In terms of
426 abundance (NPUE), *Leucaspilus delineatus* was a significantly discriminatory
427 species, who was found in multimesh gillnet catches only in unmanaged lakes ($p =$
428 0.013 ; Table 3).

429

430 **4. Discussion**

431 4.1 General findings

432 We compared the fish communities in angler-managed and unmanaged gravel pit
433 lakes. The results supported three out of four of our hypotheses. In particular,
434 species richness (H1) and the number of piscivorous species (H2) were significantly
435 higher in managed gravel pit lakes. Furthermore, we found a larger number of
436 threatened species and higher littoral abundances and biomasses of threatened fish
437 in managed gravel pit lakes, while there were no differences in the number of small
438 bodied non-game fish species among management types. Hence, as hypothesized,
439 managed gravel pit lakes were found to contain a higher alpha diversity (local
440 species richness). In contrast to our expectations (H3), the catches of non-native fish
441 were low in both management types and not significantly greater in managed water
442 bodies. The forth hypothesis of lower beta diversity in managed gravel pit lakes (H4)
443 also received substantial support. The species-rich fish communities in managed
444 lakes were more similar to each other than the species-poor fish communities in
445 unmanaged lakes, suggesting biotic homogenization caused by recreational-fisheries
446 management, particularly due to regular stocking.

447 4.2 Robustness of results to sampling bias

448 Both groups of gravel pits studied, whether managed by recreational fishing clubs or
449 not, were similar in key environmental characteristics, such as morphology (e.g. lake
450 area) and productivity – factors known in shaping lentic fish communities in the
451 temperate regions (e.g. Persson *et al.*, 1991; Jeppesen *et al.*, 2000; Mehner *et al.*,
452 2005). This underscores that the fish community differences we report were most
453 likely a result of recreational-fisheries management and exploitation.

454 We used electrofishing and multimesh gillnetting to sample the fish community
455 in the gravel pit lakes as adequately as possible because it is known that multiple
456 fishing gears are needed to determine species richness and the habitat-specific

457 abundance and biomass in lentic waters (Barthelmes & Doering, 1996; Diekmann *et*
458 *al.*, 2005; Jurajda *et al.*, 2009; Scharf *et al.*, 2009; Achleitner *et al.*, 2012; Menezes *et*
459 *al.*, 2013; Mueller *et al.*, 2017). Three unmanaged gravel pit lakes were only sampled
460 once in 2017. This lower sampling effort in a subset of the unmanaged lakes might
461 have underestimated rare species (Lyons, 1992; Angermeier & Smogor, 1995; Paller,
462 1995). However, when comparing mean species richness of managed and
463 unmanaged lakes based on one fishing occasion in 2017 only, virtually identical
464 results were obtained (results not shown). Thus, our conclusion of lower species
465 richness in unmanaged lakes appeared to constitute a robust finding.

466 The benthic zone was sampled using multimesh gillnets following European
467 standards (CEN, 2015). We adapted the gillnet numbers to lake size to harmonize
468 fishing pressure across lakes. Following Šmejkal *et al.* (2015) we also supplemented
469 the standard mesh sizes by a few larger mesh size panels to sample fish up to 530
470 mm total length more representatively. However, certain large-bodied species known
471 to occur in Lower Saxonian gravel pit lakes (Schälicke *et al.*, 2012) and other angler-
472 managed lakes in Germany (Borkmann, 2001), in particular large-bodied cyprinids
473 such as *Cyprinus carpio*, might still be underrepresented in our sample. This finding
474 most likely affected the abundance and biomass estimates by missing larger bodied
475 individuals, yet this bias has unlikely affected the species inventory as we regularly
476 captured *Cyprinus carpio* in all lakes where the local fisheries managers reported
477 regular stocking of this species. Longer panels of large mesh sizes are needed to
478 more representatively sample large-bodied individuals of *Cyprinus carpio* and top
479 predators (e.g., *Esox lucius*, *Silurus glanis*, *Sander lucioperca*), yet such data would
480 only reinforce our findings of a greater presence of angler-desired species and sizes
481 in managed relative to unmanaged lakes. However, a possible underestimation of the

482 total fish biomass in managed lakes cannot be ruled out and should thus be
483 addressed in the future by using gillnets with longer panels of larger mesh sizes.

484 4.3 Species richness and presence of predators

485 Species richness and the number of piscivorous species were higher in gravel pit
486 lakes managed for recreational fisheries, supporting our first two hypotheses.
487 Agreeing with our results, a greater alpha diversity in lakes managed by and for
488 recreational fisheries has previously been demonstrated for gravel pit lakes in
489 southern France (Zhao *et al.*, 2016) and Minnesota lakes (Radomski & Goeman,
490 1995). Additionally, in managed gravel pit lakes we also detected a higher Shannon
491 diversity of the littoral fish community in terms of abundance underlining the higher
492 fish biodiversity present in managed lakes. Fisheries managers tend to introduce and
493 stock preferentially high trophic level species (Eby *et al.*, 2006; Arlinghaus *et al.*,
494 2015) and large-bodied cyprinid fish such as *Cyprinus carpio* and *Tinca tinca*
495 (Arlinghaus *et al.*, 2015) to meet local angler demands (Arlinghaus & Mehner, 2004;
496 Beardmore *et al.*, 2011; Donaldson *et al.*, 2011; Ensinger *et al.*, 2016). Our data
497 strongly support this management behaviour in angler-managed gravel pit lakes.

498 The high-demand species *Anguilla anguilla*, *Esox lucius* and *Perca fluviatilis*
499 were found in all or almost all managed gravel pits. While *Esox lucius* and *Perca*
500 *fluviatilis* become established and reproduce naturally after introduction, the
501 abundance of *Anguilla anguilla* in the gravel pits we studied (who all lacked
502 connections to nearby rivers) clearly indicates ongoing stocking. Correspondingly, no
503 *Anguilla anguilla* and hardly any top predators, which are popular as game fishes,
504 were found in unmanaged lakes. Accordingly, presence-absence of *Anguilla anguilla*
505 was one of the major dissimilarities between the two management types following our
506 SIMPER analyses (Supporting Information table 6). In gravel pit lakes managed for

507 recreational fisheries, a higher relative frequency of *Anguilla anguilla* has previously
508 been reported compared natural lakes predominantly managed for commercial
509 fisheries (Emmrich *et al.*, 2014; Arlinghaus *et al.*, 2016), either indicating continuous
510 stocking of eel into angler-managed gravel pit lakes or lower recapture rates relative
511 to commercial fisheries. Given the poor conservation status of catadromous *Anguilla*
512 *anguilla* (e.g. Bark *et al.*, 2007; Dekker, 2016), continuous stocking of this species
513 into isolated lakes is problematic from a conservation perspective.

514 4.4 Small-bodied non-game fish and threatened species

515 Small-bodied *Rutilus rutilus*, *Alburnus alburnus* or *Perca fluviatilis* are considered
516 forage fish for predators and are therefore regularly stocked in Germany (Arlinghaus
517 *et al.*, 2015). We found *Rutilus rutilus* and *Perca fluviatilis* in all managed gravel pits,
518 but only in a few unmanaged ones. Both species are common and widespread in the
519 Central Plain ecoregion and constitute key elements of reference fish communities in
520 natural lakes (Mehner *et al.*, 2005; Emmrich *et al.*, 2014; Ritterbusch *et al.*, 2014).
521 Already widespread species have, when becoming translocated to new water bodies,
522 the highest fauna-homogenizing effects (Sommerwerk *et al.*, 2017). Therefore,
523 fisheries management fosters faunal homogenization by further establishing naturally
524 widespread percid and cyprinid species.

525 Small-bodied non-game fish species were also found in both management
526 types, but their occurrence strongly differed between management types.

527 *Gymnocephalus cernua*, *Rhodeus amarus*, *Cobitis taenia* and *Alburnus alburnus*
528 exclusively occurred in managed lakes, while *Leucaspis delineatus*, *Pungitius*
529 *pungitius*, *Gobio gobio* and *Barbatula barbatula* were only caught in unmanaged
530 lakes. *Leucaspis delineatus* and *Pungitius pungitius* strongly contributed to the
531 average dissimilarity between the two management types. However, at the aggregate

532 level, lakes of both management types hosted the same average number of small-
533 bodied non-game fish species. On first sight, this rather surprising finding likely
534 results from angling clubs regularly engaging in the release of non-game fishes for
535 species conservation purposes. However, the release volumes of small-bodied
536 species is small compared to the stocking density of game fishes (Arlinghaus *et al.*,
537 2015), and the activity strongly varies by angling club type (Theis, 2016; Theis *et al.*,
538 2017). Angling-club specific releases of non-game species and other stochastic
539 events related to establishment and natural colonization (Copp *et al.*, 2010) can
540 collectively explain the large variation in the presence of small-bodied non-game
541 species among lakes.

542 The studied lakes hosted a total number of five regionally threatened species,
543 three of them exclusively in managed lakes indicating their potential for species
544 conservation (Emmrich *et al.*, 2014). Note, however, that none of these regionally
545 threatened freshwater species is listed in the national German Red List of freshwater
546 fishes (Freyhof, 2009). Only *Anguilla anguilla* is globally threatened according to
547 IUCN criteria (Freyhof & Brooks, 2011). Therefore, the conservation value of gravel
548 pit lakes is confined to species that are regionally, yet not nationally, threatened.

549 4.5 Presence of non-native fish

550 The hypothesized support of non-native species introductions and accumulation of
551 exotics by recreational-fisheries management as revealed for example in a French
552 gravel pit study by Zhao *et al.* (2016) was not confirmed for gravel pit lakes in north-
553 western Germany. It must be noted that several of the angler-desired fish species
554 reported invasive for France (Zhao *et al.*, 2016) are native to Germany, e.g. *Cyprinus*
555 *carpio*, *Sander lucioperca* and *Silurus glanis*. In our study, only two individuals of
556 non-native *Pseudorasbora parva* were found in one of 16 managed lakes, which

557 were most likely unintendedly introduced through poorly sorted stocking of pond-
558 reared *Cyprinus carpio* or poorly sorted stocking of wild-captured cyprinids (e.g. Copp
559 *et al.*, 2005b; Wiesner *et al.*, 2010). In comparison, in two out of seven unmanaged
560 lakes, one individual of either non-native *Pseudorasbora parva* or non-native
561 *Ameiurus nebulosus*, were detected, showing that also unmanaged lakes receive
562 non-natives. Illegal stocking from anglers interested in establishing desired species in
563 a certain waterbody or releases of fish by owners of garden ponds or other private
564 people, as indicated by a golden variety of *Scardinius erythrophthalmus* found in one
565 unmanaged lake, have been reported vectors for fish dispersal around the globe
566 (Copp *et al.*, 2005a; Johnson *et al.*, 2009; Hirsch *et al.*, 2018). In fact, today, illegal
567 release, often by non-angling stakeholders, rather than purposely planned fisheries
568 management constitutes the most important pathway for the transfer of non-natives
569 fishes across the world (Copp *et al.*, 2010). To conclude, in our study region proper
570 recreational-fisheries management is not per se supportive for non-native species
571 establishment, whilst not managing lakes for fisheries does not guarantee for their
572 lack of establishment either.

573 4.6 Biotic homogenization caused by fisheries management

574 In agreement with our hypothesis, recreational-fisheries management collectively
575 contributed to the homogenization of fish faunas, reducing beta diversity in fish
576 communities compared to unmanaged lakes. Homogenization of fish communities as
577 a result of anthropogenic influences has been repeatedly found across the world
578 (Radomski & Goeman, 1995; Rahel, 2000; Villéger *et al.*, 2011). Gravel pit lakes in
579 north-western Germany are no exception. In contrast to other studies, we can largely
580 exclude non-fishing related impacts, because only the presence or absence of
581 recreational-fisheries management discriminated among our study lakes. As natural

582 lakes in Germany with similar key environmental characteristics (e.g., in relation to
583 lake depth and productivity) were previously found to host rather similar (i.e.,
584 homogenous) fish communities (Diekmann *et al.*, 2005; Mehner *et al.*, 2005; Bruce
585 *et al.*, 2013; Ritterbusch *et al.*, 2014), the results of our managed gravel pit lakes
586 match the expectations of fish communities in natural lakes. One limitation to this
587 statement is that also most of the natural lakes assessed by Diekmann *et al.* (2005),
588 Mehner *et al.* (2005) and Emmrich *et al.* (2014) and used by Ritterbusch *et al.* (2014)
589 to derive reference fish communities for lakes were managed for fisheries presently
590 or in the past.

591 4.7 Conclusions and implications

592 Proper management of recreational fisheries does not necessarily lead to the
593 development of artificial fish communities with many non-native fish species. Instead,
594 we found recreational fisheries to foster local fish species diversity and the
595 establishment of fish communities that are similar to those present in managed
596 natural lakes of similar environmental characteristics in relation to size, depth and
597 eutrophication (Emmrich *et al.*, 2014; Ritterbusch *et al.*, 2014). If newly created
598 aquatic ecosystems would not be managed for fisheries, the establishment of a near-
599 natural, species-rich fish community would likely take substantially longer. Such
600 development would also be strongly influenced by stochastic events through natural
601 and anthropogenic pathways that shape the specific local species pool in
602 unmanaged lakes. Importantly, not managing gravel pit lakes for fisheries does not
603 mean these systems remain fish free. Overall, the presence of both management
604 types in a region increases the regional species pool (gamma diversity), because
605 recreational-fisheries management in gravel pit fosters local species richness, at the
606 cost of biotic homogenization.

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630

631 **Contributions**

632 SM: ideas, data generation, data analysis, manuscript preparation

633 ME: ideas, data generation, data analysis, manuscript editing

634 TK: data generation, manuscript editing, funding

635 CW: manuscript editing, funding

636 RN: data generation, data analysis, manuscript editing

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